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Twitter: @OKTurningPoint

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#likeneverbefore

Conference Website

<http://okturningpoint.org/annualconference/>

AGENDA AT A GLANCE

8:30 am-9:00 am ~ Attendee Login

9:00 am-9:30 am ~ Welcome & Opening Remarks

- Adrienne Elder, OTPC 2020 Vice Chair & Conference Planning Chair
- Justin Brown, Oklahoma Secretary of Human Services and Early Childhood Initiatives

9:30 am-10:30 am ~ Session 1: Keynote Presentation ~ 'Healing Neen'

- Tonier Cain, Internationally Recognized Trauma Informed Care Expert & Trauma Survivor

10:30 am-10:45 am ~ Break

10:45 am-11:45 am ~ Session 2: Panel Presentation ~ Cross Sector Collaboration: Handle with Care Oklahoma & RESTORE Taskforce

- Chief Todd Gibson
- Deputy Chief Paco Balderrama
- Tonier Cain

11:45 am-1:15 pm ~ Lunch Time Learning ~ A Special Message from Oklahoma First Lady Sarah Stitt ~ Community Awards & Video Showcase

- Neil Hann Award
- Community Health Champions
- Public Health Innovator
- ReMerge (Conference Service Recipient)

1:15 pm-2:15 pm ~ Session 3: Panel Presentation ~ Emerging State & Local Efforts to Curb Tobacco Use

- Lauren Carter
- Rachael Melot
- Christin Kirchenbauer

2:15 pm-2:30 pm ~ Break

2:30 pm-3:30 pm ~ Session 4: Panel Presentation ~ Hope Rising & Community Health Engagement

- Dr. Chan Hellman
- Brett Hayes
- Adrienne Rollins
- Linda Manaugh
- Steve Palmer

3:30 pm-3:50 pm ~ Session 5: Presentation ~ Oklahoma Access to Care Update

- Traylor Rains

3:50 pm-4:15 pm ~ Session 6: Presentation ~ Call to Action

- Representative Cyndi Munson

4:15 pm-4:30 pm ~ Closing Remarks

- Neil Hann, PHIO Board President, Healthy Hero Awards Sponsored by Amerigroup of Oklahoma
- Nikkiey Morton, OTPC 2020 Chair
- Adrienne Elder, OTPC 2020 Vice Chair & Conference Planning Chair

Updated: 8-24-20 Schedule Subject to Change without Notice

CONFERENCE WELCOME



Welcome to the 23rd Annual Turning Point Conference of 2020! We are pleased to welcome you to a day of learning and collaboration with public health professionals from all over the state of Oklahoma! Now more than ever, it is an exciting time for the Turning Point Conference to **encourage systems-thinking through positive partnerships** as we continue to grow and adapt to the many changes in our state.

I would like to express my gratitude to everyone who contributed to this event to make it a success. This would not be possible without **grassroots efforts** and support from our committees and sponsors. We also appreciate your flexibility as we are a virtual conference this year!

At this conference, we hope that everyone is empowered to **collaborate “LikeNeverBefore”** by finding ways to make our state healthier through policy, education, and partnerships. Our goal is for each of you to be able to implement the skills you have learned here and take them back to your communities. In addition, we have some additional resources located on the on-line event page labeled Community Resilience Resource Packet. I encourage you to take time after the conference to complete the discussion questions with your local community partners.

I hope that you will enjoy our presenters and speakers. Please take advantage of the opportunity to network via the chat box as well as contact information provided after the conference. Together, we can be the change we wish to see in our own communities. Once again WELCOME and THANK YOU for attending the Annual Turning Point Conference 2020.

Best,



Adrienne B. Elder

OTPC, 2020 Vice Chair & Conference Planning Chair

ABOUT THE OKLAHOMA TURNING POINT COUNCIL (OTPC)

VISION: Creating a healthier future and improving the quality of life for Oklahomans through partnerships.

PURPOSE STATEMENT: To improve the health of all Oklahomans. The Oklahoma Turning Point Council champions the Turning Point philosophy by supporting community partnerships through:

- Education & advocacy,
- Sharing opportunities and resources, and
- Promoting local and state efforts.

2020 OTPC EXECUTIVE COMMITTEE

Kim Whaley, Past Chair
Nikkiey Morton, Chair
Adrienne Elder, Vice Chair
Jay Sharp, Secretary
Angela Christian
Candice Hillenbrand
Lorri Essary

Ryan Kilpatrick
Jordan Endicott
Sandy Foster
Laura Ross-White
Danielle Dill
Jill Hazeltine

The Public Health Institute of Oklahoma (PHIO) serves as the fiscal agent for the Oklahoma Turning Point Council.

OTPC 2020 PRIMARY POLICY OBJECTIVES

- 1) Educate the public and advocate for high-impact state and local policies to keep young people from starting to use tobacco and vapor products, encourage those who use tobacco and vapor products to quit, protect all Oklahomans from toxic secondhand smoke and modernize state laws to support 100% tobacco smoke free environments.
- 2) Educate the public and advocate for programs and policies to reduce adverse childhood experiences (ACES) and childhood trauma; and promote the principles of trauma informed care, resilience, and hope.
- 3) Educate the public and advocate for programs and policies to improve access to health care, including mental health and substance abuse services; and promote best practices for response to emerging public health crises.

CONFERENCE ACCESS & FAQs

Conference Log-in Time Starts at 8:30 am

Access Information:

Attendees can access the conference via Zoom, iPhone One-Tap or Telephone. Only those individual registered for the conference will be provided with access information via the online event page and e-mail messages sent 48 hours, 24 hours and 10 minutes prior to the start of the conference.

If you have any questions or need assistance about conference access, email us at EventSupport@publichealthok.org

FAQs:

What if I have any issues with Zoom?

If you have issues logging into Zoom, please visit the [Zoom Help Center](#). Check your internet browsers and connection. If you have trouble loading Zoom, try a different internet browser e.g. Internet Edge, Firefox, or Google Chrome. Once you login to the Zoom webinar, you will have the ability to adjust the size and presentation of the content. Please adjust your screen to best suit your preference and electronic device. If further help is needed, please email EventSupport@publichealthok.org the day of the conference.

What if I have a question during the conference?

Please feel free to send your questions through the Q&A feature in Zoom. You will find the Q&A button at the bottom bar of your Zoom window. Q&A will be monitored during the conference.

Will I be able to share comments and learning with other conference participants?

Yes, we will have a chat room open throughout the conference. You will find the chat button in the bottom bar of your Zoom window. This is where we encourage participants to respond to the learning and conference experience. We will share a networking page with the conference participants and encourage connections among participants.

Will we be sitting all day?

No, this conference is designed with fun, movement, and practices for reflection. We encourage everyone to listen, engage and enjoy. Listen to your body and move when you see fit.

Where can I journal and reflect?

Throughout the day, you will be invited to reflect on your learning and share reflections in the Chat room. This conference packet provides space for note taking, journaling and reflection. It can be printed.

PRINCIPLES FOR HOW WE TREAT EACH OTHER

Our Practice of Respect and Community Building

- 1. Create a hospitable and accountable community.**
We all arrive in isolation and need the generosity of friendly welcome. Bring all of yourself to work in this community. Welcome others to this place and this work and presume that you are welcomed as well. Hospitality is the essence of restoring community.
- 2. Listen deeply.** Listen intently to what is said, listen to the feeling beneath the words. Strive to achieve a balance between listening and reflecting, speaking, and acting.
- 3. Create an advice free zone.** Replace advice with curiosity as we work together for peace and justice. Each of us is here to discover our own truths. We are not here to set someone else straight, to “fix” what we perceive as broken in another member of the group.
- 4. Practice asking honest and open questions.** A great question is ambiguous, personal and provokes anxiety.
- 5. Give space for unpopular answers.** Answer questions honestly even if the answer seems unpopular. Be present to listen not debate, correct or interpret.
- 6. Respect silence.** Silence is a rare gift in our busy world. After someone has spoken, take time to reflect without immediately filling the space with words. This applies to the speaker, as well- be comfortable leaving your words to resound in the silence, without refining or elaborating on what you have said.
- 7. Suspend judgment.** Set aside your judgments. By creating a space between judgments and reactions, we can listen to the other, and to ourselves, more fully.
- 8. Identify assumptions.** Our assumptions are usually invisible to us, yet they undergird our worldview. By identifying our assumptions, we can then set them aside and open our viewpoints to greater possibilities.
- 9. Speak your truth.** You are invited to say what is in your heart, trusting that your voice will be heard, and your contribution respected. Own your truth by remembering to speak only for yourself. Using the first person “I” rather than “you” or “everyone” clearly communicates the personal nature of your expression.
- 10. When things get difficult, turn to wonder.** If you find yourself disagreeing with another, becoming judgmental or shutting down in defense, try turning to wonder: “I wonder what brought her to this place?” “I wonder what my reaction teaches me?” “I wonder what he’s feeling right now?”
- 11. Practice slowing down.** Simply the speed of modern life can cause violent damage to the soul. By intentionally practicing slowing down we strengthen our ability to extend nonviolence to others-and to ourselves.
- 12. All voices have value.** Hold these moments when a person speaks as precious because these are the moments when a person is willing to stand for something, trust the group and offer something they see as valuable.
- 13. Maintain confidentiality.** Create a safe space by respecting the confidential nature and content of discussions held in group. Allow what is said in group to remain there.

Prepared by the Peace and Justice Institute with considerable help from the words of Peter Block, Parker Palmer, the Dialogue Group, and the Center for Renewal and Wholeness in Higher Education.

THANK YOU TO OUR CONFERENCE SPONSORS!

PARTNER LEVEL



SUPPORTER LEVEL



**BlueCross BlueShield
of Oklahoma**

A Division of Health Care Service Corporation, a Mutual Legal Reserve Company,
an Independent Licensee of the Blue Cross and Blue Shield Association



Pathways to a Healthier You

CONTRIBUTOR LEVEL



Potts Family Foundation

THANK YOU TO OUR CONFERENCE VOLUNTEERS, PLANNING COMMITTEE & TECHNICAL ASSISTANCE PROVIDERS!

Kim Whaley
Sandy Foster
Angela Christian
Candice Hillenbrand
Penny Pricer
Kaitlin Pope
J.T. Petherick
Lauren Carter
Alex Brown
Mary Carter
Tonier Cain
Rachel Melot
Brett Hayes

Nikkiey Morton
Ryan Kilpatrick
Danielle Dill
Jill Hazeldine
Floritta Pope
Steve Palmer
Jay Sharp
Lisa Harper
Ryan Naeve
Neil Hann
Todd Gibson
Christin Kirchenbauer
Linda Manaugh
Cyndi Munson

Adrienne Elder
Jordan Endicott
Laura Ross White
Rick Combs
Adrienne Rollins
Rhea Hughes
Lorri Essary
Stephen Weaver
Daltyn Moeckel
Justin Brown
Paco Balderrama
Chan Hellman
Traylor Rains



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Oklahoma



OKLAHOMA
Office of Management
& Enterprise Services



OKLAHOMA
State Department
of Health

SERVICE PROJECT



ReMerge is an alternative to incarceration for high-risk, high-need moms with non-violent charges in Oklahoma County that restores mothers and families through a comprehensive diversion program of treatment, recovery, and hope. For

around the same annual cost of incarceration, ReMerge is able to provide individualized, wraparound services to remove barriers and break the inter-generational cycles of incarceration, addiction, and poverty. By keeping women in the community and out of prison, we are offering life-changing opportunity for them and their families.

OTPC invites conference attendees and our partners across the state to join us in supporting the work of ReMerge!

There are several ways to **GIVE #LIKENEVERBEFORE**

1) Online Financial Donation

Join ReMerge in restoring families with an online financial gift - just click on the image below to get started! You can also mail your donation to ReMerge, P.O. Box 2845, Oklahoma City, OK 73101. ReMerge is a 501 (c) (3) organization - your gift is tax deductible.

2) Donate Needed Supplies – Hygiene & Bedding

The ReMerge program aims to remove barriers and provide basic needs and treatment for its moms. Many of the moms come to ReMerge straight from jail and need basic hygiene items and bedding. Many of these items can be donated via [ReMerge AMAZON WISH LIST!](#)

3) Donate Program and Kitchen Supplies

The ReMerge program consistently uses items for each day for their classes and kitchen, which provides a meal each day of the program. Many of these items can be donated via [ReMerge AMAZON WISH LIST!](#)

4) Volunteer Your Time and Expertise

Visit the ReMerge website to learn more about [volunteer opportunities](#) and to complete an online volunteer contact information form.

DETAILED CONFERENCE AGENDA

8:30 am – 9:00 am

Attendee Login Via Zoom Platform

Review Conference Materials Via Online Event Page or Website

REFLECTION: What is your hope for the day? How are you feeling about being present with us today?
You are invited to share your reflection in the chat box.

9:00 am - 9:30 am

Welcome & Opening Remarks

Adrienne B. Elder, OTPC 2020 Vice Chair & Conference Planning Chair
Justin Brown, Oklahoma Secretary of Human Services and Early Childhood Initiatives



Calling all Bridge-builders, Change-makers, and Allies

Secretary Justin Brown will open the day by sharing his leadership approach of co-creating a healing and hope-centered culture at the local and state levels to increase collaboration among cross-sector partners.

9:30 am - 10:30 am

Session 1: Keynote Presentation ~ Healing Neen

Tonier Cain, Internationally Recognized Trauma Expert, Advocate & Trauma Survivor



Tonier Cain will share her personal journey of healing, transformation and advocacy for trauma-informed policies that will inspire every resident to take action at the individual, local, state and national levels

Tonier works tirelessly to raise the awareness about trauma informed care around the world. She has trained providers in all fifty states. Tonier is an advocate and educator, speaking all over the world on trauma, addiction, incarceration, homelessness, substance abuse and mental health. Her work has been used as a model in other countries for the establishment of their trauma informed care protocols.

Tonier was the former team leader for the National Center for Trauma Informed Care, with the National Association of State Mental Health Program Director. Currently she works to create international leaders in the field of Trauma Informed Care. She hosts an annual national conference to update and enlighten providers on current best practices. Tonier's methods have proven to be effective, resulting in numerous awards for her work. She has been honored by two governors, a mayor and a state attorney with proclamations naming days after her, because of her help to transform their city and state.

Tonier is the C.E.O. and Founder of Tonier Cain International, Founder and President of Neen Cares, Inc. A 501 C 3, Founder and Co-C.E.O. of M.E.T.-R Integrated Health, Global, as well as the Founder and C.E.O. of Purposeful Entertainment Production Company. She is an award-winning Film Producer that is the Creator and Producer of the Upcoming TV Show "Restoration", Executive Producer of the Film "Walking Thru Bullets", subject and Co-Producer of the Award-Winning Film "Healing Neen", along with being featured in the Documentary "Behind Closed Doors: Trauma Survivors in the Psychiatric System" and advising on the film "Like Any Other Kid".

Tonier is an author and serves as a Citygate Network Board Member. Her commitment to advocating for those who are often forgotten hasn't gone without recognition. She has been featured in many articles including December's 2014 Ebony Magazine and appeared on over seventeen talks shows. Tonier Cain uses her life experiences to make a difference for trauma survivors.

REFLECTION: What concrete steps can we take during this pandemic to make this time an opportunity for healing?
You are invited to share your reflection in the chat box.

10:30 am – 10:45 am ~ Break

10:45 am - 11:45 am

Session 2: Panel Presentation ~ Cross-Sector Collaborations: Handle with Care Oklahoma & RESTORE Taskforce

Panelists: Chief Todd Gibson, Deputy Chief Paco Balderrama, & Tonier Cain

Session Description: Law enforcement, schools and mental health agencies will discuss innovative local cross-sector partnership models to prevent and mitigate trauma while increasing access to resources and stabilizing families during critical windows of time, especially during the pandemic and heightened racial inequities. The RESTORE Taskforce will share efforts to reduce Oklahoma’s pipeline to prison with diversion programs and piloting co-responder models.



HANDLE WITH CARE OKLAHOMA
PROTECT • HEAL • THRIVE

REFLECTION: If you are wanting to start Handle with Care in your community, what are your first steps? If your community already utilizes Handle with Care, what steps can you take to strengthen the relationship between law enforcement, schools, and mental health professionals.

You are invited to share your reflection in the chat box.

11:45 am – Noon ~ Break

Noon - 1:15 pm

Lunch Time Learning ~ Turning Point Community Awards & Video Showcase ~ A Special Message from Oklahoma First Lady Sarah Stitt



Introduction of Awards & Service Project ~ Kim Whaley, OTPC Past Chair 2019

2020 Neil Hann Award ~ Deanne Taylor

2020 Community Health Champions

Morton Comprehensive Health ~ Caring Community Friends Stringtown Legacy Foundation ~ Citizens for Children and Families

2020 Public Health Innovator Award ~ Representative Harold Wright, Oklahoma House of Representatives, District 57

Conference Service Recipient ~ ReMerge

1:15 pm - 2:15 pm

Session 3: Panel Presentation ~ Emerging State and Local Efforts to Curb Tobacco Use

Panelists: Lauren Carter, Rachael Melot, & Christin Kirchenbauer

Session Description: This session will feature panelists representing efforts to pursue new tactics in reducing tobacco products use at the community and state level in Oklahoma. As the industry and their products continue to evolve, tobacco control leaders in the state are adopting new strategies to undermine efforts. Panelists will focus on strategies to pursue innovative new restrictions at the local level, such as what was achieved in Shawnee by the Blue Zones Project; changes in law and new policy that would positively impact tobacco control at the state level; and how TSET is helping to improve coordination and partnerships across the state.

REFLECTION: What opportunities exist to strengthen partnerships in your community?

You are invited to share your reflection in the chat box.

2:15 pm – 2:30 pm Break

2:30 pm - 3:30 pm

Session 4: Panel Presentation ~ Hope Rising & Community Health Engagement

Panelists: Dr. Chan Hellman, Brett Hayes, Adrienne Rollins, Steve Palmer & Linda Manaugh

Session Description: This session will cover a variety of complimenting efforts that create pathways at the local level to promote a hope-centered culture. Panelists will discuss strategies for cross-sector capacity building and new opportunities with Community Hope Centers; available foundational trainings and supports from public agencies; and the importance of public/private partnerships with Raising Resilient Oklahomans and Self-Healing Communities. Additional information will include insights into the importance of peer support groups to meaningfully engage marginalized voices who fuel transformational change at the individual community and policy levels.

REFLECTION: What next steps would you like to take in your community to deepen relationships with local partners to address inequities and advance public health?
You are invited to share your reflection in the chat box

3:30 pm – 3:50 pm

Session 5: Presentation ~ Oklahoma Access to Care Update

Presenter: Traylor Rains

Session Description: In this session, attendees will be provide updates on how Oklahoma is using new legislation and policies to expand access to care for Oklahomans such as: implementation of Medicaid Expansion; expansion of telehealth during public health emergencies and beyond; and the implementation of care coordination activities for vulnerable populations.

3:50 pm – 4:15 pm

Session 6: Presentation ~ Call to Action

Presenter: Representative Cyndi Munson



Session Description: State House Representative Cyndi Munson will share information on upcoming legislation needs for Oklahoma to continue becoming a trauma -informed and hope-centered state. This will include specific legislations that would have a positive impact on addressing mental health, substance use, tobacco use, obesity, poor nutrition, and access to health. Representative Munson will also highlight key advocacy tips for each of us to use to help make this a reality.

4:15 pm – 4:30 pm ~ Closing Remarks



Presentation of Healthy Hero Awards Sponsored by Amerigroup of Oklahoma ~ Neil Hann, PHIO Board President

Handle with Care Oklahoma
Texas County Coalition

Nikkiey Morton, 2020 OTPC Chair

Adrienne Elder, 2020 OTPC Vice Chair & Conference Planning Chair



4:30 pm Adjourn

